



CONFIDENTIAL

INFORMATION

Name: _____ Date: _____

Email: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Birth Date: _____ Age _____ Sex: M F Occupation: _____

Who referred you to the office? _____

Whom may we contact in case of emergency? _____ Phone: _____

PLEASE DESCRIBE MAJOR COMPLAINTS IN THE ORDER OF THEIR IMPORTANCE:

PLEASE MARK AREAS OF PAIN BELOW

When did this begin? _____

What caused it? _____

Have you ever had a similar condition before? _____

Have you ever received treatment? _____

If yes, where, when, with what results? _____

When did this begin? _____

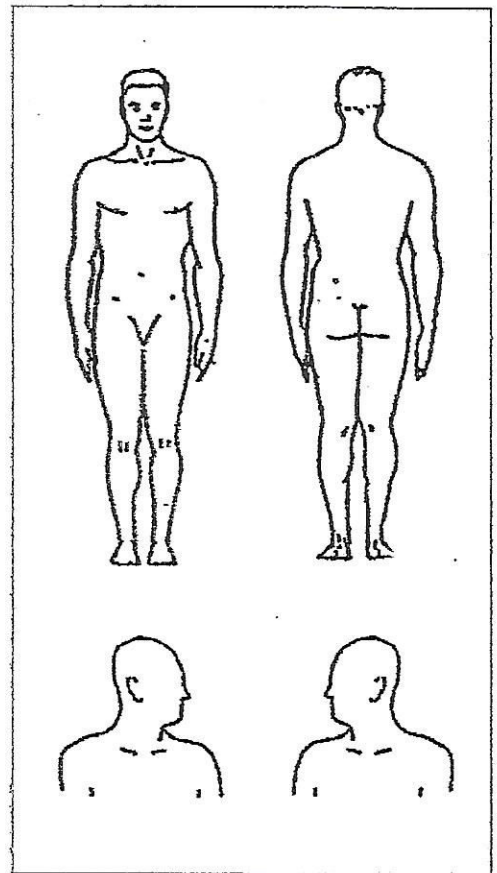
What caused it? _____

Have you ever had a similar condition before? _____

Have you ever received treatment? _____

If yes, where, when, with what results? _____

Other complaints: _____



Which of these factors affect your trouble? (Please check ✓)

| | NO EFFECT | BETTER | WORSE | | NO EFFECT | BETTER | WORSE |
|------------------------|-----------|--------|-------|-------------------------|-----------|--------|-------|
| MOVEMENT | | | | TOWARD THE END OF DAY | | | |
| SITTING | | | | DURING MOST ACTIVE TIME | | | |
| WALKING | | | | WHILE RESTING | | | |
| LYING DOWN | | | | BEFORE MEALS | | | |
| DURING THE NIGHT | | | | DURING MEALS | | | |
| FIRST THING IN MORNING | | | | AFTER MEALS | | | |
| OTHER | | | | OTHER | | | |

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Name: _____ Date _____

Have you ever suffered from:

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Nervousness | <input type="checkbox"/> Backaches |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Sinus Trouble | <input type="checkbox"/> Heart Trouble | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Asthma | <input type="checkbox"/> Rheumatic Fever |
| <input type="checkbox"/> Breathing Problems | <input type="checkbox"/> Neuritis | <input type="checkbox"/> Cancer | <input type="checkbox"/> Tuberculosis |
| | | <input type="checkbox"/> Venereal Disease | <input type="checkbox"/> Digestive Disorders |

(if you answer any of the following "yes", please explain.)

Have you ever been hospitalized? *(if yes, explain what was done to you.)* Yes No

Have you ever, even if you do not think you were hurt, been involved in a vehicular collision? Yes No

Have you ever been involved in a bicycle, motorcycle, bus, train or other vehicular accident? Yes No

Were you ever knocked unconscious? Yes No

Have you ever used a walker or a cane? Yes No

Have you ever broken any bones? Yes No

Have you had any impacts, falls or jolts that you feel specifically may have injured your spine? Yes No

Have you had extensive dental work performed? Yes No



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Name: _____ Date _____

Do you read for prolonged periods? Yes No (if yes, describe position.)

Do you have a particular position for watching TV? Yes No (if yes, describe position.)

Do you play a musical instrument? Yes No (if yes, what kind(s)?)

During the day I? sit stand mechanical work desk work
 drive phone work heavy lifting walk

| HABITS Check all that apply: | NEVER | OCCAS. | FREQUENT | DAILY |
|------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Coffee (_____ cups per day) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Soft Drinks (_____ per day) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Tobacco (_____ pks per day) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Laxatives | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sleeping Pills | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Aspirins, etc. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Exercise | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Women Only: Average duration of menstrual period? _____ days
Average cycle (start to start) _____ days Regular Irregular
Are your menstrual periods painful? Yes No
Are you pregnant? Yes No

Do you experience: premenstrual tension/depression vaginal discharge spotting light flow
 backache hot flashes excessive flow spotting cramps congested/painful breasts

Vital Health Care

10400 Griffin Rd. Suite 207 Cooper City, Fl. 33328

PERMISSION & AUTHORIZATION FORM REGARDING THE USE OF "APPLIED KINESIOLOGY" (AK)

PLEASE READ BEFORE SIGNING:

I specifically authorize the Chiropractor at Vital Health Care to perform the AK health analysis and to develop a natural, complementary health improvement program for me, which may include dietary guidelines, nutritional supplements, etc., in order to assist me in improving my health, and not for the treatment, or cure of any disease.

I understand that Applied Kinesiology (AK) is a safe, non-invasive, natural method of analyzing the body's physical, emotional and nutritional needs, and those deficiencies or imbalances in these areas could cause or contribute to various health problems.

I understand that AK is not a method for "diagnosing" or "treating" any disease including conditions of cancer, AIDS, infections, or other medical conditions, that these are not being tested for or treated.

No promise or guarantee has been made regarding the results of AK testing or any natural health, nutritional, or dietary programs recommended, but rather I understand that AK is a means by which the body's natural reflexes can be used as or aid in determining possible nutritional imbalances, so that safe natural programs can be developed for the purpose of bringing about a more optimum state of health.

I have read and understand the foregoing.

This permission form applies to subsequent visits and consultations.

Date: _____ Name _____

Phone: _____ Address _____

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RECEIPT OF PRIVACY PRACTICES WRITTEN ACKNOWLEDGEMENT FORM

I, _____ have read a copy of the
Patient Name

Vital Health Care's Notice of Patient Privacy Practices.

Signature of Patient or Legal Guardian

Date